

**Monday**

**Sacramento** 10:00am  
 Strategies for Change North - Staff hwyw  
 4441 Auburn Blvd, Suite E Conf rm [map](#)

**Sacramento** 4:15pm  
 Strategies for Change South - Staff hwyw  
 4343 Williamsborough Dr [map](#)

**Sacramento** 7:00pm  
 The Effort Residential House closed

**Tuesday**

**Sacramento** 10:00am  
 Strategies for Change North - Staff hwyw  
 4441 Auburn Blvd, Suite E Conf rm [map](#)

**Sacramento** 4:15pm  
 Strategies for Change South - Staff hwyw  
 4343 Williamsborough Dr [map](#)

**Folsom** 7:00pm  
 Kaiser Folsom - staff hwyw  
 2155 Iron Point Rd, 1st floor [map](#)

**Sacramento** 7:30pm  
 Kaiser Watt - Stan K/Paul O hwyw  
 2829 Watt Blvd, Suite 150, rm 2 [map](#)

**Thursday**

**Sacramento** 10:00am  
 Strategies for Change North - Staff hwyw  
 4441 Auburn Blvd, Suite E Conf rm [map](#)

**Folsom** 7:00pm  
 Kaiser Folsom - Stan K hwyw  
 2155 Iron Point Rd, 1st floor [map](#)

**Friday**

**Sacramento** 12:00pm  
 1416 9th St, Suite 133 hwyw  
[map](#)

**Sacramento** 4:25pm  
 Strategies for Change South - Staff hwyw  
 4343 Williamsborough Dr [map](#)

**Elk Grove** 6:00pm  
 Raley's - Lisa hwyw  
 4900 Elk Grove Blvd, event rm [map](#)

**Saturday**

**Fair Oaks** 9:00am  
 Raley's - staff hwyw  
 4840 San Juan Ave, event rm [map](#)

**Saturday - 1st and 3rd Saturday only**

**Orangevale** 10:00am  
 New Dawn - Johnny G closed

**Sunday**

**Roseville** 10:00am  
 Raleys - staff hwyw  
 1915 Douglas Blvd, event rm [map](#)

**Natomas** 11:00am  
 Raley's - Staff hwyw  
 4650 Natomas Blvd, event rm [map](#)

**Conveners:**

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 Stan K, Stanistan@gmail.com, 916-802-0353  
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 Strategies for Change North, 916-473-5764  
 Bob O, Bobomonundro@yahoo.com, 916-91  
 Lisa, LifeRingSouthSac@yahoo.com  
 Johnny G, Johnnygreenhaw@yahoo.com, 916-382-6612

*Meeting formats: hwyw = How Was Your Week,  
 closed = Closed to the general public, Varies = unique  
 format., Topic = specific topic*